

Do's and Don't's in Pediatrics

The RPA Physicians developed a list of do's and don't's for both infants and older children. We wanted you to know our preferences. If you want more details on these preferences, ask us!

1. DON'T use bubblebath.
2. DON'T put Q-tips in the ear canal.
3. DON'T use infant walkers.
4. ALWAYS use an appropriate car seat for your child.
5. PLEASE use smoke detectors.
6. DON'T allow children on or near lawnmowers.
7. DON'T ride all-terrain vehicles at any age.
8. DON'T allow children in the back of pickup trucks.
9. DON'T allow your children on trampolines.
10. PLEASE wear bicycle helmets.
11. DON'T allow unlocked, loaded guns in your house.
12. PLEASE set your water heater thermostat at 110 degrees or lower.
13. DON'T give aspirin.
14. PLEASE use cabinet locks.
15. PLEASE use outlet covers.
16. PLEASE use sun screens.
17. DON'T give popcorn, nuts, or balloons before the age of three.
18. DON'T allow children to run with lollipops or toothbrushes in their mouths.
19. PLEASE pick up and hold your baby because you want to, not because you have to!