

# Raleigh Pediatric Associate's Well Child Check-Up and Immunization Schedule Summary

## **Well Exams Birth – 5 years:**

Each check-up includes a growth and weight evaluation, a full developmental assessment and a complete physical examination.

<b><u>Age at check-up</u></b>	<b><u>Routine Immunizations/Screening Tests/Lab Tests</u></b>
2 to 7 days	Post Hospital Exam and Weight Check follow ups as indicated Hep B #1 if not given in hospital
4 weeks	TB Screen
2 months	Vaxelis (DTaP#1, Hib #1, IPV #1, Hep B #2), Prevnar #1, Rotavirus #1
4 months	Vaxelis (DTaP #2, Hib #2, IPV #2, Hep B #3), Prevnar #2, Rotavirus #2
6 months	Vaxelis (DTaP #3, Hib #3, IPV #3, Hep B #4), Prevnar #3, Rotavirus #3, TB Screen
9 months	--
12 months*	MMR #1, Varivax #1, Hep A #1, Lead Screen, CBC, TB screen
15 months	Pentacel (DTaP #4, Hib #4, IPV #4), Prevnar #4
18 months	Hep A #2, TB screen
2 years	Lead Screen, TB screen
2 ½ years (30 mo)	--
3 years	Vision screen, TB screen
4 years*	Quadracel (DTaP #5, IPV #5), Proquad (MMR #2, Varivax #2) Vision screen, TB Screen
5 years	Hearing and vision screens, TB screen

## **Flu and COVID vaccines:**

Raleigh Pediatrics does recommend an annual flu vaccine beginning at age 6 months. Children ages 6-8 years will need a booster at least 4 weeks after the first vaccine if they have not received two doses previously. The COVID vaccine is now available for all patients 6 months and up. We give all primary doses and boosters per current CDC recommendations.

## **Developmental screening tools:**

EPDS	Edinburgh Postpartum Depression Screening (routinely done between 1-6 months old)
M-Chat	Autism screening tool (routinely done at 18 months and 2 years)
PEDS	Parent evaluation of development status (at intervals between 6 months – 5 years)

**\*The 12 month and 4 year exams should NOT be done early due to timing of the vaccines.**

## **Abbreviations Used:**

DTaP	Diphtheria, Tetanus, acellular Pertussis (Whooping Cough) (Ages 6 weeks-6 years)
Hep B	Hepatitis B vaccine
Hep A	Hepatitis A vaccine
Hib	Haemophilus influenzae, type B (bacteria that can cause meningitis)
IPV	Inactivated Polio Vaccine
MMR	Measles, Mumps, Rubella,
Var	Varicella (Chicken Pox)
TB	Tuberculosis
Prevnar	Pneumococcal vaccine (bacteria that can cause meningitis)
Rotavirus	Oral vaccine against a common intestinal virus
CBC	Complete Blood Count—checks hemoglobin (blood test for anemia)

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## **Annual Well Exams Age 5 and older:**

After 5 years, well child exams are recommended every year. Raleigh Pediatrics does require yearly well exams for patients who are taking medications for chronic problems such as Asthma and ADHD.

Each well exam includes a growth and weight evaluation, a full developmental assessment and a complete physical examination. Screenings may include TB, vision, hearing, and a lipid or CBC panel if appropriate.

All patients age 11-22 will be given the RAAPS (Rapid Adolescent Assessment for Preventative Services) to screen for behavior/psychosocial concerns.

## **Adolescent vaccines:**

- Meningitis vaccine
  - MenQuadFi given routinely at the 11 year well child visit (Required for 7<sup>th</sup> grade school entry), one booster after 16 years old (Required for 12<sup>th</sup> grade school entry).
  - MenB vaccine optional between ages 16-18 (2 doses given 6 months apart)
- Tdap - can be given after 6 years old but is usually done at 11-13 year well child check. (Required for 7<sup>th</sup> grade school entry)
- HPV - given to females & males starting at 10 year well child check (If series started before age 15, then two doses are given 6 months apart; if series started at 15+, then three doses of the vaccine are given at 0, 2, and 6 month intervals)
- Varivax - second chickenpox booster if has not already had 2 or confirmed history of disease

## **Flu and COVID vaccines:**

Raleigh Pediatrics recommends an annual flu vaccine beginning at age 6 months. Children ages 6-8 years will need a booster at least 4 weeks after the first vaccine if they have not received two doses previously. The COVID vaccine is now available for all patients 6 months and up. We will give all primary doses and boosters per current CDC recommendations.

## **Abbreviations Used:**

Tdap	Tetanus, Diphtheria, acellular Pertussis (Ages 7+)
Var	Varicella (Chicken Pox)
MenQuadFi	Meningitis vaccine (protects against Meningococcal disease caused by the ACWY serogroups)
MenB	Meningitis B vaccine (protects against Meningococcal disease caused by the B serogroup)
HPV	Human Papilloma vaccine (protects against cancer-causing virus)
TB	Tuberculosis
CBC	Complete Blood Count—checks hemoglobin (blood test for anemia)
Lipid	Blood test to screen for abnormalities with triglycerides or cholesterol